

Lissa, 28

*Diagnosed with Stage 3A breast cancer,
in January 2016*

“I thought I had all my priorities straight.
But the moment someone says to you,
‘You have cancer.’ It’s like ‘Whoa, I need to be
doing things a lot differently.”

 **ahnwomen**
♀

Caring for all of her, all of her life is #LivingProof.

Seven years ago, when Lissa was just 21 years old, her family doctor asked her if she was doing breast self-exams. Her answer was no, but she started to do them on the first of every month. A few years later, she felt something. It was an 8-centimeter tumor. Lissa had Stage 3A triple-negative breast cancer. Her team of Allegheny Health Network gynecologists, oncologists and surgeons quickly devised a plan: chemo and radiation to shrink the tumor, a double mastectomy and reconstructive surgery. Today Lissa is breast cancer free.

Find Lissa's story at AHN.org/AllOfHerLife or women's health specialists at (412) DOCTORS.



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